



POLISH ASSISTANCE, INC. — POLSKA BRATNIA POMOC

15 East 65th Street, New York, New York 10065

Tel. 212-570-5560

e-mail: office@polishassistance.org www.polishassistance.org

Spring 2020

Helping individuals in need in the Polish American Community since 1956

HELPING THE ELDERLY

Her strong will to live is her story.



Our oldest beneficiary is a 92-year-old woman who developed stage 4 bedsores after surgery. She was very weak and unable to move around. The nursing home provided her with minimal care and not the critical care she desperately needed. She has no family in the U.S.



Her friend and Polish Assistance provided aid for extra care. She improved quickly although she is bedridden and needs continuous care. Your donations help the elderly such as Marianna live out their years in dignity.



Jadwiga Palade
President

The Polish Assistance's mission is to provide assistance to persons of Polish origin who are at risk or in crisis due to poverty, mental or physical illness. Our activities focus mostly on the New York metropolitan area, with an increasing portion of the assistance given to out-of-state individuals. Your support enables Polish Assistance to bring stability to these individuals by providing basic needs for housing, food and healthcare.

HELPING THE DISABLED

He wants to gain his independence.



Stanislaw is 61 year old, lives in a shelter and can't find a job due to his physical condition. He has been in the U.S. 31 years. He was asking for prothesis so he can walk without a support and be independent. Even getting to the doctor by bus was extremely painful.



His application included 2 inches of medical records. Polish Assistance helped him to get prothesis and now is continuing to support his quest for independence. Stanislaw is taking his first steps toward independence.

Rich in Tradition
Generous in Compassion



Eva Skibicki
Treasurer

After 40 years in the financial services industry, I am now retired. In my case, retirement is about giving back and helping those that stopped working—not because of retirement but because of a catastrophic event that will most likely impact their lives forever. It is our responsibility to help those in need.

Read their stories, I believe you will want to help. Thank you.

HELPING THE SICK

She wants to get well.



While undergoing chemo treatment for lung cancer, Mary had a bad reaction to the drugs which resulted in disfiguration of her face and she needed more surgery. People were staring at her because of the way she looked. She was too embarrassed to walk outside and still can only do light part-time work. She needs help in paying rent. Polish Assistance is helping her.

Learn more and donate on line at www.polishassistance.org

Send checks to: Polish Assistance

15 East 65th St., New York, NY 10065

email: office@polishassistance.org 212-570-5560



We are solely depended on your contributions

We rely 100% on your financial support to help these individuals as we do not receive any assistance from federal, state nor local agencies. We count on your compassion.

More on www.polishassistance.org

Our sincere note of appreciation to our long term supporters.

We are about changing lives

People have a right to basic necessities.

Our vision is to make a positive impact on the community we serve by consistently expanding our assistance to those in need in the Polish American community until we live in a world where every person has an acceptable standard of living.

Impact by sharing

Sharing is caring.

- Please share our news. Ask others to donate by forwarding our emails or simply sending an email to your friends with a note:
[I firmly support Polish Assistance's cause.](#)
[They help people in need. Learn more at www.polishassistance.org](#)
- Donation acknowledgement cards make a great gift for those hard to shop for.

Polish Assistance: 64 years ago, a successful and philanthropic group of Americans of Polish heritage formed an organization to support World War II heroes who immigrated to America from Poland. Today, a new generation of philanthropic Polish Americans is upholding the tradition of providing assistance to individuals who are at risk or in crisis due to poverty, mental or physical illness. The passage of time has caused the majority of the current aid recipients to be immigrants rather than the post-WW II political refugees.

Polish Assistance Board of Directors: Jadwiga Palade (President), Dr. Nina Thiessen (Vice President), Marissa Goba (Secretary), Eva Skibicki (Treasurer), Directors: Ewa Meyerhoff, Lady Blanka A. Rosenstiel, Honorary Consul to the Republic of Poland, Nina Mlodzinska de Rovira, Cesare L. Santeramo, Knight Commander of the Order of Saint John of Jerusalem, Eryka Volker.

Advisory Board Members: Sebastian Dryjski, Russell Skibicki, Karlie Slowiak. **Founders:** Countess Maria Dembinski, Maestro & Mrs. Arthur Rubinstein and others.

Our Mission at work

- **Helping the Elderly:** Krystyna is an 86 years old woman who has been receiving monetary assistance from us since 2012. She is suffering from arthritis, osteoporosis, had a heart surgery and uses a walker to move around. She is too elderly and sick to work to supplement her low social security payments. Your donations help the aging population to live out their years in peace and dignity.
- **Helping the disabled:** Lech lives in a rehabilitation & nursing care center since 2010. He has Parkinson's Disease which makes it very difficult for him to move around. He came to the U.S. in 1991 and has no family. He welcomes visits from volunteers. Polish Assistance is there for him.
- **Providing medical assistance:** Most of our beneficiaries have serious health issues. One of our most recent recipients has renal cell carcinoma of the right kidney. Another beneficiary has been in shelters for the homeless since 2012 and has a history of traumatic brain injury and seizure disorder. He is under psychiatric monitoring. A support from Polish Assistance allows him to buy a few basic necessities.
- **Support when its needed the most:** We provide supplemental aid to a widow with 5 children.
- **Healthcare:** Safety net hospitals are New York City's long term rehabilitation & nursing care centers. We have been providing aid to Polish residents for many years. \$50 per month allows them to buy much-needed personal items.
- **Warm Meals:** Polish Assistance co-sponsors with Polish & Slavic Federal Credit Union and The Polish Consulate in New York Annual Holiday Wigilia and for the elderly and homeless.

